

## **Leadership Summit**

5:30-7:15 p.m. Tuesday, January 24, 2023

## Understanding and Exploring Leadership Fatigue

Leadership fatigue is one of the significant risks that a high-achiever or leader really should keep a careful eye out for in their life. We will welcome OEA's Labor Relations Consultants Deb Maynard and Shelli Jackson. The presenters will explore various strategies for local leaders to implement in their own routine including the little things that we can do for ourselves. Discussions will take place on how we can start nurturing our souls.

Wellness Grants are available for locals from the Ohio Education Association. Grant monies are used to support member well-being. Participants will have the opportunity to hear from our panel of local leaders about their wellness grants. You are certain to gain some new ideas to implement in your own local.

## Timeline:

5:30 Login and welcome 5:45 Session 6:45 Wellness Grants 7:00 Closing Remarks



## **LEADERSHIP SUMMIT, TUESDAY, JANUARY 24, 2023**

Mail to: NEOEA, Leadership Summit, 6001 Landerhaven Drive, Suite D, Mayfield Hts., OH 44124-4190 OR email the information below to: **desk@neoea.org** (subject line: Summit). Questions: Please email us at **desk@neoea.org**. Registrations will be confirmed by email the week of January 16.

For a Word-fillable form, go to **neoea.org/files/Summit.rtf**.

**DEADLINE: FRIDAY, JANUARY 13** 

Name	
Local association	
Non-work email address	