



ESP Virtual Conference

9:30 a.m. to 12:00 noon
Saturday, February 4, 2023

NEOEA ESP Virtual Conference

A Day of SEL from Toxic Stress to Self-Care: How ESPs Can Survive in Uncertain Times

Join us at our Education Support Professionals Virtual Conference on Saturday, February 4. Whether you are a secretary, custodian, food service worker, aide, bus driver, president of your local, building representative, or member—this session is for you.

Our topic is “A Day of SEL from Toxic Stress to Self-Care: How ESPs Can Survive in Uncertain Times” and will be presented by Christina Gordon and Erika Zamora.

Educators are feeling the pressures of the times as they balance family and personal matters with providing quality support to students and families. The pandemic has especially affected the work and well-being of ESPs around the country. From bus driver shortages to increased paraeducator workloads, ESPs have been overtaxed. This session will review the impact of the pandemic on the ESP workforce to foster a common understanding of pandemic-related stress and the importance of advocating for self-care. You will participate in several interactive activities and leave with useful resources for practicing self-care and advocacy.



Timeline:

- 9:30 Registration/log-in and welcome from NEOEA President Melanie Hameed
- 9:45 Session
- 11:50 Closing remarks from NEOEA ESP Organizing Chairperson Matt Hickman and our stay-to-the-end drawing

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ESP VIRTUAL CONFERENCE, SATURDAY, FEBRUARY 4, 2023

Mail to: NEOEA, ESP Virtual Conference, 6001 Landerhaven Drive, Suite D, Mayfield Hts., OH 44124-4190 OR email to: desk@neoea.org. Questions: Please email us at desk@neoea.org. Registrations will be confirmed by email the week of January 30.

For a Word-fillable form, go to neoea.org/files/ESPconference.rtf.

DEADLINE: FRIDAY, JANUARY 27

Name	
Local association	
Non-work email address	